Winners of the First Bank & Trust Autumn Invitational Golf Tournament Announced

The 14th annual Autumn Invitational golf tournament, benefitting the Wise County/City of Norton Chamber of Commerce, was held Friday, October 3, 2014, at the Lonesome Pine Country Club in Big Stone Gap. The format of the tournament was captain’s choice, and teams were divided into three flights. The winners were as follows:

Championship Flight - 1st Place
Team see photo - Hughes Team (Sponsored by Jim Hughes) – James Hughes, Jim Hughes, Mike Hughes, and Jason Hughes

Championship Flight - 2nd Place
Team - (Sponsored by Crutchfield.) – John Scott, Michael Edwards, Shay Blair and Wes Needham.

First Flight - 1st Place Team - (Sponsored by Old Dominion Power) – Stewart Spradlin, Matt Lane, Charles Lawson, and Mark Leho

First Flight - 2nd Place Team (Sponsored by New Peoples Bank) - Doug Horne, David Boone, Brandon Bolling, and Brad Robinson

Second Flight - 1st Place Team - (Sponsored by Butch Goodnough) – Butch Goodnough, Greg Perry, David Perry, Charles McConnell,

Second Flight - 2nd Place Team — (Sponsored by Thompson & Litton & Wellmont Health System) – Dick Houchins, Mark Swecker, Matt Tavenner, and Matt Ward.

The winners and runners-up of each flight received a trophy. Prizes were also awarded to Jerry Hamilton, for closest-to-the-pin on hole #6, Charles McConnell for longest drive on hole #4, and to Bob Fox for most accurate drive on hole #2. Drawings for lots of other great prizes were held at the conclusion of the tournament. Grand prizes were provided courtesy of Alpha Natural Resources, LLC., Colgard Outdoor Sports, and Cornerstone Pharmacy.

A light breakfast and lunch were provided by First Bank & Trust Company. Dotson Chevrolet presented golfers with a chance to win a new Chevrolet cruze by making a hole-in-one on hole #10. The on-course refreshments and reception were sponsored by Crutchfield and trophies were sponsored by Cavalier Pharmacy. The Chamber would like to thank the following companies for sponsoring golf teams: Alpha Natural Resources; A & A Security Service; Butch Goodnough; Clayton Homes of Pound; Crutchfield Corporation; Cornerstone Pharmacy; Dotson Chevrolet; Hughes Team; First Bank & Trust Company; Food City/Kellogg’s; Norton Community Hospital; Old Dominion Power Company; Lake Street Secure Self Storage; Monica
**Ribbon Cuttings & New Members**

**Fitness Advantage**

Fitness Advantage located on 925 Park Avenue, Norton, is owned and operated by Sergio Safos and Dawn Gammal and together they bring 45 years of experience in the health club industry. Fitness Advantage has approximately 25,000 square feet of health and fitness. Open 7 days a week; Monday - Thursday from 5 a.m. - 10 p.m. Friday 5 a.m. - 9 p.m., Saturday 8 a.m. - 6 p.m. and Sunday's 11 p.m. - 6 p.m. KID-ZONE is currently open Monday-Thursday 4PM-8PM. Offering over 30 classes a week which include: RIPPED, Zumba, Zumba Step, Circuit Training, Yoga, Boot Camp, Abo-Glutely, and Ballistic. Fitness Advantage is currently offering a special and classes are free to non-members from now until 2015.

Offering the latest in the state-of-the-art circuit training equipment with Nautilus Nitro Plus, a free-weight area, indoor running/walking track, KID-ZONE, full service locker rooms and a Oasis Cafe' & Smoothie Bar. The personal trainers offer a complimentary fitness assessment for each new member.

Our Instructors, Norma Crowder (Group Director), Kimberly Mullins, Marlene Baker, Lea Warren and Jackie Casano bring 25 plus years of experience to the schedule and certifications in group fitness, Zumba, Zumba Step, Yoga, TRX, RIPPED, and Ripped for Kids.

Fitness Advantage is excited about being part of the City of Norton and the County of Wise and look forward to bringing fitness and fun to all ages. Special membership packages while available start at $1.00 a day! contact them today at 276-679-2582 or visit their Facebook page for updates.

In conjunction with their grand opening, Fitness Advantage held a fundraiser for the Susan G. Komen foundation and raised over $240 to donate to Breast Cancer Awareness.

**The Magnolia Kitchen**

Magnolia Kitchen Restaurant opened their doors in June of 2013 in Norton, Virginia in response to needing more variety in eating facilities for our county residents and visitors to the area. Magnolia serves a menu filled with New Orleans style food from Cajun dishes to Jambalaya and also a variety of sandwiches, soups and salads. They are also offering a daily buffet which includes soup and salad bar, deli buffet and more.

During their first year of business they have received rave reviews for their food as well as service. In the late summer Magnolia Kitchen added a bar, a meeting room, and live music on the weekends.

Magnolia Kitchen is located at 921 Park Avenue, SW, Norton, and is operated by Chef Mark Krueger, and Whitney Barongan. Contact them at 276-679-0300 or find them on Facebook
Chamber Accepting Donations for Gala

Planning for the Wise County & City of Norton Chamber of Commerce’s annual Gala & Silent Auction set for Saturday, April 11, 2015, is well underway. Donations from community businesses are needed for the silent auction. The Chamber’s Gala & Silent Auction is a highlight every year, funds go toward funding the valuable work of the Chamber. The Chamber accepts new items both big and small and donations may be tax deductible. Sponsorship opportunities are also available. To donate auction items or become a gala sponsor, contact the Chamber office at 276-679-0961.

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Clisso Dentistry; Powell Valley National Bank; Thompson & Litton; The University of Virginia’s College at Wise; Wal-Mart/Frito Lay; W&L Construction; Vulcan Materials; and Wellmont Health System - Mountain Region.

In addition, we thank the following hole sponsors: A & A Security Service; Alpha Natural Resources; AZOR; Bailey Hardware; Bob’s Market; Bolwell Financial; Cavalier Pharmacy; CrossFit Stone Mountain; Crutchfield Corporation; CSE Insurance Agency; Edward Jones - Jason Sturgill; Environmental Monitoring, Inc.; First Bank & Trust Company; Food City; HairVolution; HCE Systems; Humphrey's; Impressions, Inc; Kwik Kafe; Lake Street Secure Self Storage; Landmark Financial Services, LLC; Miners Exchange Bank; Mountain Empire Community College; New Peoples Bank; Old Dominion Power Company; OPTAfuels; Pioneer Center for Business Opportunity; Powell Valley National Bank; Quesenberry’s; Delores W. Smith, Wise County Treasurer; Rita McReynolds; Southern Appalachian Ronald McDonald House; Sykes; Thrower, Blanton & Assoc.; UVa-Wise Foundation; Vic’s Decorating; Vulcan Materials; W&L Construction; Wellmont Health System; Warren Cleaning & Restoration; and Y&Y Services.

For their valuable assistance, we thank all the members of the Golf Tournament Committee. The Chamber especially thanks Pam Collie, Chairman; Terry Shortt, photographer; and committee members, Melissa Coffey, First Bank & Trust; and Kim Clisso, Norton Redevelopment and Housing. We also thank Kenny Crowder, Michelle Hall, and the staff of Lonesome Pine Country Club for their time and efforts.

The Wise County/City of Norton Chamber of Commerce is a non-profit organization whose goals and objectives are financed primarily by the dues of its members. The proceeds earned from this event will help support and expand the valuable work of the Chamber. Again, THANK YOU to everyone who came and participated, helped, and had fun!
Highlands Fellowship Church
Highlands Fellowship Church is currently located in 9050 Camp Bethel Road, Wise. This campus is one of six located throughout the Southwest Virginia and East Tennessee area; founded in 1994 by Pastor Jimmie Davidson. The campus offers an 11 a.m. worship service and other services for children from newborn and up-something for all ages.
Please contact Jeff Rolen at 276-328-6876 or visit their website for more information. Highlandsfellowship.com

The Inn at Wise is located in the town of Wise in scenic Southwest Virginia and it was originally built in 1910 and is a classic example of the Colonial Revival style. It was placed on the National Register of Historic Places in 1991, but has been closed since 1993. Having undergone extensive renovations, The Inn will offer 49 moderately priced guest rooms.

Additionally, The Inn will have seating for up to 220, as well as a 1950s-style diner, called the Corner Diner. The Pub & Tap Room will offer a selection of micro-brews, and smaller rooms for meetings. The Colonial Dining Room will offer fine dining options to include local farm-to-table specials. Once open they will offer daily lunch specials in the diner, special events in the pub such as Oktoberfest, and tailgating for home games. The Colonial will also offer Easter and Mother’s Day Brunch, holiday buffets, and Valentine’s Dinners.

The Inn will offer several options for groups, weddings & events in the ballroom that will be able to accommodate up to 220 people. Offering complete in-house catering, wireless internet, and a state-of-the-art audio visual capabilities.

The Inn at Wise will be displaying local artist work in every lodge room and common area. All the artwork has been donated by area artists, museums, and private individuals. The Inn will provide lodging and food service for parents, prospective students and other visitors to the University of Virginia College at Wise.

The Inn at Wise will open the second week of December, for more information visit them online at The Inn at Wise or on Facebook at facebook.com/InnatWise or by phone at 276-321-7301
Nominations Being Accepted for Forward Wise County 2015

The Chamber is accepting nominations for the 2015 class of Forward Wise County, a leadership development program sponsored by the Wise County/City of Norton Chamber of Commerce.

Forward Wise County 2015 will begin February 24 and will conclude with a graduation ceremony on Thursday, May 22. There will be ten weekly sessions. One all-day Saturday seminar and one Saturday field trip may also be included. Session topics will include local government, work styles and leadership skills, the Appalachian perception, community trusteeship, criminal justice system, legislative issues, Wise County’s natural resources, education, workplace harassment, motivational skills, media relations, and more.

The cost of the program is $250 which includes all sessions, meals and refreshments, a plaque, and the graduation luncheon. The class will be limited to 24 participants. Applicants must be at least 21 years of age.

For more information or to nominate someone, please call the Chamber of Commerce at 276-679-0961.

Annual Business Meeting Set for December 4

The Wise County/City of Norton Chamber of Commerce’s 2014 Annual Business Meeting will be held Thursday, December 4, 2014, 11:30 a.m., at The Lonesome Pine Country Club, Big Stone Gap. At this meeting, the Chamber will be electing new officers and new board members to its 2015 Board of Directors. Year-end committee reports will be given.

Lunch will be Dutch treat at the cost of the lunch is $12. All directors and members of the Chamber are encouraged to attend. If you plan to attend, please call the Chamber office at 276-679-0961 in order to reserve your seat before December 1, 2014.

2014 Wise County/City of Norton Christmas Parade Schedule

<table>
<thead>
<tr>
<th>TOWN</th>
<th>DATE</th>
<th>TIME</th>
<th>CONTACT</th>
<th>PHONE</th>
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<tbody>
<tr>
<td>Norton</td>
<td>Dec. 7 (Sun.)</td>
<td>6:00 p.m.</td>
<td>Marty Hagy</td>
<td>679-0192</td>
</tr>
<tr>
<td>Pound</td>
<td>Dec. 7 (Sun.)</td>
<td>2:00 p.m.</td>
<td>Jane Bennett</td>
<td>796-5188</td>
</tr>
<tr>
<td>Big Stone Gap</td>
<td>Dec 4 (Thur.)</td>
<td>6:00 p.m.</td>
<td>Gap Corporation</td>
<td>523-2060</td>
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<tr>
<td>Appalachia</td>
<td>Dec. 5 (Fri.)</td>
<td>6:30 p.m.</td>
<td>Ruth Ann Boyd</td>
<td>565-3900</td>
</tr>
<tr>
<td>Coeburn</td>
<td>Dec. 5 (Fri.)</td>
<td>6:00 p.m.</td>
<td>Town of Coeburn</td>
<td>395-3323</td>
</tr>
<tr>
<td>St. Paul</td>
<td>Dec. 6 (Sat.)</td>
<td>2:00 p.m.</td>
<td>Town of St. Paul</td>
<td>762-5297</td>
</tr>
<tr>
<td>Wise</td>
<td>Dec. 6 (Sat.)</td>
<td>2:00 p.m.</td>
<td>Wise Kiwanis</td>
<td>328-5300</td>
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The suggested theme for the 2014 Christmas season is “Toyland.” All local churches and other organizations are urged to prepare floats and participate in as many of the parades as possible. For more information, please call the Wise County Chamber of Commerce at 276-679-0961.
CrossFit Stone Mountain held a fundraiser for early breast cancer detection on the 18th October, with over 20 participants in the daily workouts and they raised over $500 to present to the Barbells for Boobs campaign. The campaign states that everyday, one less woman, one less man, and one less athlete is amongst us. Their goal, although lofty, is aiming to ensure that everyone gets access to detection services.

The fundraising campaign gives a free screening for every $80 raised during these fundraisers. Pictured above are Owners and Trainers of the local CrossFit affiliate, CrossFit Stone Mountain, Michelle and Dusty Cowden.