Winners of the First Bank & Trust Autumn Invitational Golf Tournament Announced

The 13th annual Autumn Invitational golf tournament, benefitting the Wise County/City of Norton Chamber of Commerce, was held Friday, October 4, 2013, 9:00 a.m., at the Lonesome Pine Country Club in Big Stone Gap. The format of the tournament was captain’s choice, and teams were divided into three flights. The winners were as follows:

Championship Flight - 1st Place
Team see photo (Sponsored by Pepsi Cola) - Chad Carter, Blake Whitenack, Joe Reed, and Denny King.

Championship Flight - 2nd Place Team (Sponsored by Monica Clisso, D. D. S.). - Danny Davis, Rick Phelps, David Long, and Chase Kress.

First Flight - 1st Place Team - (Sponsored by Butch Goodnough) - Butch Goodnough, Greg Perry, Alan Atwood, and Peanut Wright.

First Flight - 2nd Place Team (W&L Construction) - Ken Taylor, Jack Jordan, Herb Morrell, and Jerry Short.

Second Flight - 1st Place Team - (Lake Street Secure Self Storage) - Bruce Hayes, Jimmy Harrod, Randy Rigg, and Rod Colyer.


The winners and runners-up of each flight received a trophy. Prizes were also awarded to Chris Mullins, for longest putt on hole #18, Paul Clendenon, for closest-to-the-pin on hole #6, Jimmy Riggs for longest drive on hole #4, and to Clayton Tackett for most accurate drive on hole #2. Russell Cypers took home a new ping putter. Drawings for lots of other great prizes were held at the conclusion of the tournament. Grand prizes were provided courtesy of Alpha Natural Resources, LLC., Cornerstone Pharmacy, and Colgard Outdoor Sports.

A light breakfast and lunch were provided by First Bank & Trust Company. Dotson Chevrolet presented golfers with a chance to win a new Chevrolet Camaro by making a hole-in-one on hole #10. The on-course refreshments and reception were sponsored by Crutchfield and trophies were sponsored by Cavalier Pharmacy. The Chamber would like to thank the following companies for sponsoring golf teams: A & A Security Service; Butch Goodnough; Clayton Homes of Pound; Crutchfield Corp; Cornerstone Pharmacy; First Bank & Trust Company; Food City/Kellogg’s; Norton Community Hospital; Old Dominion Power Company; Pepsi-Cola Bottling Co., Inc; Lake Street Secure Self Storage; Landmark Financial; Monica Clisso Dentistry; Powell Valley National Bank; Ronnie Shortt; Thompson & Litton; The University of Virginia’s College at Wise; Wells Fargo Bank; Walmart/Frito Lay; W&L Construction; Vulcan Materials; and Wellmont Health System - Mountain Region.

In addition, we thank the following hole sponsors: A & A Security Service; Bailey
Sykes 1st Annual Color Me Red 5k was a huge success.

The first annual Color me Red 5k, sponsored by Sykes Enterprises, was held October, 27, with 250 total participants, including 191 runners that came out for the event. The event included a free, one mile, fun run for kids under the age of 10. The Color me Red 5k raised over $4800 for the American Heart Association. Sykes hopes to make this an annual event, so be sure to look for this fun filled event again next year!

Business Highlights & Tips

Tester Chiropractic—Offers some helpful tips for the fall!

- Do stretching exercises, without bouncing, for a total of 10 to 15 minutes spread over the course of your work. Do knee-to-chest pulls, trunk rotations, and side bends with hands above your head and fingers locked. Take a short walk to stimulate circulation. When finished with the yard work, repeat the stretching exercises.
- Stand as straight as possible, and keep your head up as you rake or mow.
- Bend at the knees, not the waist, as you pick up piles of leaves or grass from the grass catcher. Make the piles small to decrease the possibility of back strain.
- When mowing, use your whole bodyweight to push the mower, rather than just your arms and back.
- Drink lots of water, wear a hat, shoes and protective glasses. And, to avoid blisters, try wearing gloves. If your equipment is loud, wear hearing protection. If you have asthma or allergies, wear a mask.
- Try ergonomic tools, too. They're engineered to protect you when used properly.

If you do feel soreness or stiffness in your back, use ice to soothe the discomfort. If there's no improvement in two or three days, see your local doctor of chiropractic.
Chamber Accepting Donations for Gala

Planning for the Wise County & City of Norton Chamber of Commerce’s annual Gala & Silent Auction set for Saturday, April 12, 2014 at Holiday Inn, Norton, VA is well underway. Donations from community businesses are needed for the silent auction. The Chamber’s Gala & Silent Auction is a highlight every year, funds go toward funding the valuable work of the Chamber. The Chamber accepts new items both big and small and donations may be tax deductible. Sponsorship opportunities are also available. To donate auction items or become a gala sponsor, contact the Chamber office at 276-679-0961.

SAVE THE DATE

The Wise County/City of Norton Chamber of Commerce cordially will hold its Annual…

Christmas Social

Thursday, December 12, 2013

Holiday Inn

Formal invitations and sponsor information will be sent at a later date.

(Continued from page 1)

Hardware; Bolwell Financial; Bristol Office Supply; Cavalier Pharmacy; Crutchfield Corporation; CSE Insurance Agency; Designing Smiles Cosmetic Dental Center; Edward Jones - James Lawson; Environmental Monitoring, Inc.; First Bank & Trust Company; Food City; HairVolutions; Impressions, Inc; Kwik Kafe; Lake Street Secure Self Storage; Landmark Financial Services, LLC; Miners Exchange Bank; Modern Hardware & Furniture; Mountain Empire Community College; New Peoples Bank; Norton Community Hospital; The Office Place; Old Dominion Power Company; Pepsi Cola Bottling Company; Pioneer Center for Business Opportunity; Powell Valley National Bank; Quesenberry’s; Robinette Steel & Scrap Metal Co.; Delores W. Smith, Wise County Treasurer; Rita McReynolds; Southern Appalachian Ronald McDonald House; State Farm Insurance - Cathy Mays; Sykes; Thrower, Blanton & Assoc.; UVa-Wise Foundation; Vic’s Decorating; Vulcan Materials; W&L Construction; Wellmont Health System and Y&Y Services.

For their valuable assistance, we thank all the members of the Golf Tournament Committee. The Chamber especially thanks Pam Collie, Chairman, for her leadership and Terry Shortt who photographed the golf teams. We also thank Kenny Crowder, Cathy Barker, and the staff of Lonesome Pine Country Club, and Melissa Coffey, First Bank & Trust Company for their time and efforts.

The Wise County Chamber of Commerce is a non-profit organization whose goals and objectives are financed primarily by the dues of its members. The proceeds earned from this event will help support and expand the valuable work of the Chamber. Again, THANK YOU to everyone who came and participated, helped, and had fun!
Chamber’s Natural Resources Awareness Days September 20 & 27

On September 20 & 27, 2013, Powell River Project Research & Education Center (PRPREC) hosted The Wise County/City of Norton Chamber of Commerce’s Natural Resource Awareness Days (NRAD). Wise County and the City of Norton sixth grade students were divided into two groups and taken to PRPREC in Norton for a one-day field trip. Around 300 students viewed displays and participated in discussions each Friday about Wise County’s natural resources as they relate to science topics incorporated in the Virginia Standards of Learning.

Several local agencies and businesses participated in this year’s event - Alpha Natural Resources, LLC; Dominion Resources/VA City Hybrid Energy Center; EMI; EQT; Paramount Coal Company Virginia, LLC; Powell River Project Research & Education Center; USDA Forest Service - Clinch Ranger District; Virginia Dept. of Forestry; Virginia Department of Mines, Minerals, and Energy (DMME); Vulcan Materials; and Wise County Litter Control and Recycling Department.

Students were treated to a free lunch & soft drinks provided courtesy of Alpha Natural Resources, LLC. and Pepsi Cola Bottling Company

Students were required to participate in one or more of the following contests: essay, poetry, and/or art. Contest winners will be presented with awards at December’s City of Norton and Wise County School board meetings.

Natural Resources Awareness Days is sponsored by the Wise County Chamber of Commerce, the Powell River Project Research & Education Center, Wise County Public Schools, Norton City Schools, and local businesses. Donnie Ratliff, Alpha Natural Resources, and Phil Meeks, Extension Agent of the Powell River Project Education Center, serve as co-chairs of the Natural Resource Awareness Days Committee.

The suggested theme for the 2013 Christmas season is “Make a Joyful Noise.” All local churches and other organizations are urged to prepare floats and participate in as many of the parades as possible. For more information, please call the Wise County Chamber of Commerce at 276-679-0961.
Nominations Being Accepted for Forward Wise County 2014

The Chamber is accepting nominations for the 2014 class of Forward Wise County, a leadership development program sponsored by the Wise County/City of Norton Chamber of Commerce.

Forward Wise County 2014 will begin February 24 and will conclude with a graduation ceremony on Thursday, May 22. There will be ten weekly sessions. One all-day Saturday seminar and one Saturday field trip may also be included. Session topics will include local government, work styles and leadership skills, the Appalachian perception, community trusteeship, criminal justice system, legislative issues, Wise County’s natural resources, education, workplace harassment, motivational skills, media relations, and more.

The cost of the program is $250 which includes all sessions, meals and refreshments, a plaque, and the graduation luncheon. The class will be limited to 24 participants. Applicants must be at least 21 years of age.

For more information or to nominate someone, please call the Chamber of Commerce at 276-679-0961.

Annual Business Meeting Set for December 5

The Wise County Chamber of Commerce’s 2013 Annual Business Meeting will be held Thursday, December 5, 2013, 11:30 a.m., at The Hotel Norton, catering by Two Sisters. At this meeting, the Chamber will be electing new officers and new Board members to its 2014 Board of Directors. Year-end committee reports will be given.

Lunch will be Dutch treat. The cost of the lunch is $11. All directors and members of the Chamber are encouraged to attend. If you plan to attend, please call the Chamber office at 276-679-0961 in order to reserve your seat before December 2, 2013.

Chamber Welcomes

Jason Sturgill—Financial Advisor for Edward Jones Investments

Jason is a native of Pound and a graduate of UVa-Wise, he currently resides in Pennington Gap with his wife, Leigh Ann, and new born daughter. He would like to welcome customers from the Pennington Gap and surround areas, and as a Financial Advisor, Jason, can help you reach your serious long term investment goals. Please stop in or call him today to set up an appointment.

Jason Sturgill, AAMS located on 40480 W. Morgan Ave, Suite 102, Pennington Gap - 276-546-2650

Associate Member -

David Cox - East Stone Gap

Welcome New Members!
The Wise County Chamber of Commerce sponsored a forum highlighting the candidates appearing on Tuesday’s November 5th general election ballot. The forums for the candidates of both the Wise County Board of Supervisors and the Wise County School Board was held Tuesday, October 29th, at 6:00 p.m. at the Goodloe Center at Mountain Empire Community College.

Thanks to everyone who was in attendance and for those who submitted questions prior to the forum. A special Thank You to Dick Houchins, Chamber Director, and moderator, for his help in organizing this event, as well as Becky Curtis of Two Sisters Catering for providing the drinks and cookies. We hope everyone took the time to cast your vote on November 5!